

## **PRESS RELEASE**

### **Celebrating a decade of befriending the lonely elderly**

#### **Lions Befriender Service Association (Singapore), 28 October 2005 -**

1 Mdm Theresa Yip, 75, a dedicated volunteer with Lions Befrienders and finalist for the Active Senior Citizen of the Year 2005 award, will receive the Ministry of Community Development, Youth and Sports 20-Year Long Service Award at the Lions Befrienders 10<sup>th</sup> Anniversary Dinner cum Appreciation & Awards Ceremony 2005 on 29<sup>th</sup> October 2005 at The Neptune.

2 Mdm Yip oversees part of the befriending programme at Bendeemer, visits the elderly regularly and prepares hot meals for them. Leading a full and active life, Mdm Yip befits the commendation by a fellow Befriender, who spoke of her as "a shining source of inspiration" for all.

3 Lions Befrienders turns 10 this year and salutes volunteers and organizations that help brought us where we are today. A total of 208 awards will be presented – a record high in the past decade of annual awards presentation. Guest of honour, Mr Sin Boon Ann, Chairman, Government Parliamentary Committee for Community Development, Youth and Sports and Member of Parliament for Tampines GRC will grace the event.

4 DHL Express Singapore, recipient of the most distinguished award, "Distinguished Friend of Lions Befrienders" and sponsor of the highly successful community project Veggie Express is receiving the award for the second time. They first won this award in 2002 when Veggie Express was inaugurated that same year. Said General Manager Teo Ser Luck, "We are very honoured to be receiving this award again. At DHL, we believe in giving back to the communities in which we operate. To date, we have delivered about 60,000 meals and counting, through the Veggie Express programme."

5 Since 1995, Lions Befrienders is the only voluntary welfare organization that reaches out to the lonely elderly via the Befriending Programme and Outreach Programme. Currently, it has about 1,044 registered volunteers befriending over 3,000 elderly.

#### **LBSA 10<sup>th</sup> Anniversary Dinner cum Appreciation & Awards Ceremony 2005**

**Date: 29<sup>th</sup> October 2005 (Saturday)**

**Time: 7.30pm**

**Venue: The Neptune  
7<sup>th</sup> Floor, Overseas Union House  
50 Collyer Quay, Singapore 049321**

Please confirm your attendance by 12.00pm, 29 October 2005

**For all queries, please contact:**

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